

## **8.9 Chapter summary and key priorities for action**

To fulfil aspiration for healthy living, people also need safe, secure environments, with financial assurance for their future years, independence, with support if required, and to be included in general society. Improving lifestyles, prevention, early detection of disease and robust and effective treatment of illness will contribute to this aim.

Priorities for action:

*In addition, action is required in the following areas:*

- *Ensure the views of older people and their carers are integral to service development and delivery, including identification of gaps in service*
- *Action across all agencies to encourage and support older people to maintain an active lifestyle to prevent and reduce falls and fractures which lead to loss of independence*
- *A systematic approach to oral health to ensure quality of life and healthy nutrition in older people*
- *Action to reduce excess winter deaths, including action to reduce fuel poverty*
- *Support from specialist palliative care services to increase the proportion of people able to die in their own home, including older people who live in residential care or in a nursing home*